



# *Week 5*



## *Breakfast*

Smoked Salmon Breakfast Sandwich  
Sweet Potato Pancakes

## *Lunch*

Warm Spring Salad with Poached Egg  
Chili with Sprouted Millet

## *Dinner*

Sirloin with Tamari Ginger Broth  
Coconut Braised Chicken

## *Dessert*

Avocado Banana Chocolate Chip Cookies

