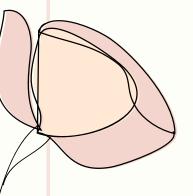


Week 9



Breakfast

Twice Baked Breakfast Potatoes

Apricot Oatmeal Squares

Lunch

Wild Rice and Delicata Squash Salad Creamy Kale Chicken Ceasar

Nivver

Seared Salmon with Tapenade Roast Chicken with Pesto

